



# ISPN ANNUAL CONFERENCE

• DUBAI 2023 •



## Welcome to the ISPN Annual Conference Dubai 2023!

We are excited to announce that we will be having our first International Society of Pain and Neuroscience (ISPN) Inaugural meeting at the Intercontinental Hotel in Dubai, UAE on December 8 - 9, 2023.

ISPN society will serve the core mission of the parent society ASPN: to improve education, highlight scientific curiosity, establish best practices, and elevate each other in a quest to improve the field.

The meeting will bring renowned US and international key opinion leaders in the field of pain and neuroscience. The event will span two days and will include cutting-edge updates and discussions on pain and neuroscience topics.



We are excited to expand our reach to the international community and look forward to seeing you all in Dubai!

### **Reda Tolba, MD**

ISPN Chair

Consultant Pain Management, UAE

Clinical Professor of Anesthesiology, USA

 InterContinental, Dubai Festival City, UAE



8 - 9 December 2023

[www.ispnconference.com](http://www.ispnconference.com)



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Day 1: Friday, December 8, 2023

7:30 AM Registration

8:30 AM Welcome to ISPN Annual Conference Dubai 2023 Day 1  
**Speakers: Reda Tolba, MD and Jason E. Pope, MD**

**Block 1: Minimally Invasive Spine: PEARLS AND EVIDENCE**  
**Moderator: Timothy Deer, MD**

8:40 AM Minimally Invasive Lumbar Decompression  
**Speaker: Timothy Deer, MD**

8:55 AM Interspinous Spinal Implants for Lumbar Disorders  
**Moderator: Steven Falowski, MD**  
**Panelists: Pankaj Mehta, MD, Jonathan Carlson, MD, Nomen Azeem, MD, Ashley Bailey-Classen, MD**

9:05 AM Interspinous Fixation/Fusion: Facet joint Percutaneous Fusion  
**Speaker: Dawood Sayed, MD**

9:20 AM Sacroiliac Joint Fusion: Lateral and Posterior  
**Speaker: Jason E. Pope, MD**

9:35 AM Evidence for Endoscopic Spine Procedures  
**Speakers: Didier Demesmin, MD, MBA, Manish Raj, MD and Gurtej Singh, MD**

9:55 AM Early Results with VIA Disc NP in the Older Patient Population for the Treatment of Degenerative Disc Disease  
*(Sponsored by Vivex)*  
**Speaker: Nomen Azeem, MD**

10:15 AM Break with Exhibits and Abstract Poster Viewing

**Block 2: Minimally Invasive Spine: PEARLS AND EVIDENCE**  
**Moderator: Jason E. Pope, MD**

10:30 AM Threats to Interventional Pain Management: Neuromodulation  
**Speaker: Marc Russo, MD**

10:45 AM Threats to Interventional Pain Management: Minimally Invasive Decompression and Fusion Targets  
**Speaker: Timothy Deer, MD**

11:00 AM Minding the Gap: Competence, Training, and Peer Review  
**Speaker: Steven Falowski, MD**

11:15 AM TOP 3 ABSTRACT PRESENTATIONS  
**Moderator: Jason E. Pope, MD**

11:30 AM PANEL: Case Based Discussion on Procedure Selection and Clinical Pearls for Success  
**Moderators: Timothy Deer, MD and Reda Tolba, MD**  
**Panelists: Steven Falowski, MD, Kasra Amirdelfan, MD, Dawood Sayed, MD, Jason E. Pope, MD**

11:45 AM PANEL: Most Impactful Evidence and Development of Treatment Algorithm  
**Moderators: Steven Falowski, MD and Reda Tolba, MD**  
**Panelists: Stanley Golovac, MD, Didier Demesmin, MD, MBA, MD, Gurtej Singh, MD, Manish Raj, MD, Dawood Sayed, MD**

12:00 PM **Lunch Symposium**  
Breaking the International Data Reveal Session  
*(Sponsored by Medtronic - USA)*  
**Speaker: Nomen Azeem, MD**

Prayer Break

### **Block 3: Radiofrequency Ablation**

**Moderator: Reda Tolba, MD**

1:15 PM Radiofrequency of the Cervical Spine: Technique and Evidence  
**Speaker: Magdalena Anitescu, MD**

1:30 PM Radiofrequency of the Lumbar Spine: Technique and Evidence  
**Speaker: Ankit Maheswari, MD**

1:45 PM Radiofrequency of the Sacroiliac Joint: Technique and Evidence  
**Speaker: Ganesan Baranidharan, MD**

2:00PM Radiofrequency of the Knee: Technique and Evidence  
**Speaker: Preeti Doshi, MD**

2:15 PM Radiofrequency of the Hip: Technique and Evidence  
**Speaker: Leonardo Kapural, MD, PhD**

2:30 PM Radiofrequency of the Shoulder: Technique and Evidence  
**Speaker: Leonardo Kapural, MD, PhD**

2:45 PM Break with Exhibits and Poster Viewing

### **Block 4: Discogenic, Vertebroprogenic LBP & Cryoablation**

**Moderator: Dawood Sayed, MD**

3:00 PM Cryoablation: Evidence, Targets, and Technique  
**Speakers: Victor Silva, MD and Jesus Medina, MD**

3:15 PM Radiofrequency of Basivertebral Nerve: Technique and Evidence  
**Speaker: Pankaj Mehta, MD**

3:30 PM Discogenic Low Back Pain  
**Speaker: Jan-Willem Kallewaard, MD**

3:45 PM Panel: New Targets and Future Directions  
**Moderators:** Reda Tolba, MD and Dawood Sayed, MD  
**Panelists:** Leonardo Kapural, MD, PhD, Ganesan Baranidharan, MD, Talal Khan, MD, Magdalena Anitescu, MD, Ali Valimahomed, MD, Ankit Maheshwari, MD, Pankaj Meta MD, Jan-Willem Kallewaard, MD, Victor Silva, MD, Jesus Medina, MD, Preeti Doshi, MD

4:00 PM Break with Exhibits and Poster Viewing

### **Block 5: Regenerative Medicine and Cellular Therapies** **Moderator: Kasra Amirdelfan, MD**

4:15 PM Intra-Discal Therapy's Now in the Future  
**Speaker: Stanley Golovac, MD**

4:30 PM How to Enhance the Efficacy of Ultrasound-Guided Regenerative Injection Therapy for Neuromusculoskeletal Pain?  
**Speaker: Stanley Lam, MD**

4:45 PM US-guided Trigger Point Injections (LA/NS/PRP/BOTOX) versus Dry Needling for Tendinopathy and Myofascial Pain  
**Speaker: Carina Li, MD**

5:00 PM PANEL: Implementing Regenerative Medicine: How to Choose What is Currently Available  
**Moderator: Stanley Golovac, MD**  
**Panelists: Stanley Lam, MD, Kasra Amirdelfan, MD**

5:15 PM PANEL: Future Directions  
**Moderator: Stanley Golovac, MD**  
**Panelists: Stanley Lam, MD, Kasra Amirdelfan, MD, MD, Carina LI, MD**

5:30 PM End of Day 1

## **Day 2: Saturday, December 9, 2023**

7:15 AM Registration

8:20 AM Welcome to ISPN Annual Conference Dubai 2023 - Day 2  
**Speakers: Jason E. Pope, MD and Steven Falowski, MD**

### **Block 6: Spinal Cord Stimulation Neuromodulation: Mechanisms and Evidence** **Moderator: Steven Falowski, MD**

8:25 AM High Frequency Stimulation  
**Speakers: Usman Latif, MD and Ashish Shetty, MD**

8:40 AM Burst Stimulation  
**Speaker: Timothy Deer, MD**



8:55 AM Closed Loop Stimulation (Presentation): Anchoring the ECAP  
**Speakers: Harold Nijhuis, MD and Jan-Willem Kallewaard, MD**

9:10 AM Glial Cell Activation  
**Speaker: David Abejon, MD**

9:25 AM DRG Stimulation  
**Speaker: Kenneth Chapman, MD**

9:40 AM Spatial and Temporal Summation Stimulation Paradigms  
**Speaker: Kasra Amirdelfan, MD**

9:55 AM Comparison of Different forms for Burst Stimulation: A Randomized Controlled Trial  
**Speaker: Jan Vesper, MD**

10:10 AM Advancing Individual Pain Management with FAST and Combination SCS Therapy  
*(Sponsored by Boston Scientific)*  
**Speaker: Stefan Motov, MD**

10:30 AM Break with Exhibits and Abstract Poster Viewing

### **Block 7: SCS Neuromodulation Indications and Future Directions** **Moderator: Jason Pope, MD**

10:45 AM Diabetic Peripheral Neuropathy  
**Speaker: Erika Petersen, MD**

11:00 AM Non-Structural Surgical Low Back Pain  
**Speaker: Timothy Deer, MD**

11:15 AM Patient Centric Approaches for Maintaining Therapy: The Remote Monitoring World  
**Speaker: Sean Li, MD**

11:30 AM PANEL: Complex Regional Pain Syndrome: Neural Approaches and Targets  
**Moderator: David Reece, MD and Paul Verrills, MD**  
**Panelists: Talal Khan, MD, Marc Russo, MD, David Abejon, MD, Harold Nijhuis, MD, Timothy Deer MD, Erika Peterson MD, Sean Li MD, Jan Vesper, MD**

11:45 AM PANEL: Neuromodulation: Case-Based Problem Learning: Selection and Why?  
**Moderators: Jason E. Pope, MD and Talal Khan, MD**  
**Panelists: Marc Russo, MD, Paul Verrills, MD, David Abejon, MD, Harold Nijhuis, MD, Timothy Deer, MD, Erika Peterson, MD, Sean Li, MD, David Reece, MD, Jan Vesper, MD, Kasra Amirdelfan, MD**

12:05 PM **Lunch Symposium**  
Evidence Based Evolution of Patient Centric Care  
*(Sponsored by Abbott USA)*

**Moderator: Timothy Deer, MD**  
**Speakers: Steven Falowski, MD, Harold Nijhuis, MD, Reda Tolba, MD**

Break

**Nursing Breakout Session**  
**Speakers: Ashley Comer, ARNP, NP-C, Zohra Hussaini, MSN, FNP-BC, MBA**

**Block 8: Peripheral Nerve Stimulation**  
**Moderator: Dawood Sayed, MD**

- 1:00 PM Percutaneous 60 Day Trial: Targets and Evidence  
**Speaker: Timothy Deer, MD**
- 1:15 PM Rehabilitative Neuromodulation: Multifidus Muscle Dysfunction  
**Speaker: Krishnan Chakravarthy, MD**
- 1:30 PM IPG Implantable Permanent PNS  
**Speaker: Jonathan Carlson, MD**
- 1:45 PM IPG Non-Implantable Permanent PNS  
**Speaker: Hermant Kalia, MD**
- 2:00 PM Panel: Algorithm Management and Future Directions  
**Moderator: Dawood Sayed, MD**  
**Panelists: Ashish Shetty, MD, Tony George, MD, Usman Latif, MD, Sean Li, MD, Timothy Deer MD, Kasra Amirdelfan, MD**
- 2:20 PM Break with Exhibits and Poster Viewing

**Block 9: Intrathecal Therapy**  
**Moderator: David Abejon, MD**

- 2:40 PM Review of PACC Guidelines and Updates  
**Speaker: Hemant Kalia, MD**
- 2:55 PM Update on Surgical Technique and Target Catheter Location  
**Speaker: Jason E. Pope, MD**
- 3:10 PM Intrathecal Therapy for Cancer Related Pain: Emerging Evidence  
**Speaker: Vahid Mohabbati, MD**
- 3:25 PM Intrathecal Therapy for Non-Cancer Pain: Emerging Evidence  
**Speakers: Alaa Abd-Elseyed, MD**
- 3:40 PM PANEL: Where Does IDDS fit into the Pain Care Continuum Now?  
**Moderator: David Abejon, MD**  
**Panelists: Timothy Deer, MD, Alaa Abd-Elseyed, MD, Vahid Mohabbati, MD, Jason E. Pope, MD, Ankit Maheshwari, MD, Adnan Al-Kaisy, MD**

**Block 10: Headache and Facial Pain**  
**Moderator: Reda Tolba, MD**

- 3:55 PM Neuromodulation for the Management of Intractable Headache  
**Speaker: Jean-Pierre Van Buyten, MD**
- 4:10 PM Interventions for Management of Headache and Facial Pain  
**Speaker: Eric Francois, MD**

4:25PM Headache: Multidisciplinary Management  
**Speaker: Amar Salti, MD**

4:45 PM Occipital Stimulation, Current Evidence  
**Speaker: Jan-Willem Kallewaard, MD**

### Block 11: ISPN State of the Union

5:00 PM Society Address  
**Speaker: Reda Tolba, MD and Adnan Al-Kaisy, MD**


5:15 PM End of Day 2





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